

# SPORTS



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Madison's baseball team enters the season with high hopes after earning a No. 9 national ranking by Easton. The Warhawks return a pitching staff that combined for a 1.37 ERA. The Warhawks also return the Northern Region Player of the Year in left-handed pitcher Jason Farley.

## Spring Training...

Welcome to the Connection Newspapers' 2007 Spring Preview. In these pages, readers can find previews, rankings, polls, interviews with players and coaches and more for baseball and boys and girls lacrosse. During the second week of the Connection Newspapers' 2007 Spring Preview, March 21-28 editions, readers will find previews for softball and boys and girls soccer. For more information on the rest of the Northern Region's teams go to [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

Special thanks to Charlie Wight, Robbie Hammer, Craig Sterbutzel, John Smith and the entire production staff at The Connection Newspapers.

By BJ KOUBAROULIS, JOHN MARCARIO, PAUL FROMMELT, JUSTIN CREECH AND RICH SANDERS.

# Big Expectations, Big Decisions

Warhawks return 14 players from 22-2 season; Farley a preseason All-American.

By BJ KOUBAROULIS  
THE CONNECTION

Madison head coach Mark "Pudge" Gjormand has a rough week ahead of him. The coach, in his 12th season with Madison, must fill out his line-up card, set his pitching rotation and fill in the infield and outfield with the right players. But Gjormand's dilemma doesn't stem from a lack of talent, it stems from a situation most coaches would welcome: too much talent.

"We have 23 players on the roster and I

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know we can keep 23 people happy because these guys are committed to the same thing," said Gjormand, who will soon pick a shortstop in an ongoing try-out between senior and 4-year varsity player Rich Conlon and his middle-infield counterpart junior Brig Tison.

It's just one of the several hard decisions Gjormand will make in the coming week on a roster that returns six experienced pitchers that posted a team 1.37 earned run average last season and a total of 14 players from last season's 22-2 Liberty District championship team. Six players have committed to play at the collegiate

## Madison Warhawks

**Coach:** Mark Gjormand, 12th year, 186-72

**2006 record:** 22-2

**Season ended:** With a 6-5 loss to Oakton in the second round of the Northern Region tournament.

**Key Players:** LHP Jason Farley, SR; RHP Sam Gilbert, SR; RHP Jesse Jeter, JR; C Alex Andrews, SR; 1B Arman Moniri, SR; SS/2B Rich Conlon, SR; SS/2B Brig Tison, JR; LF Sterling Sams, SR; 3B Brian Smith, SR.

**Key Losses:** Mark Riffie, Josh Carter, Joey Hayes

**Outlook:** Madison has high hopes after dropping to rival Oakton in the regional tournament last season. The Warhawks return 14 players and six experienced pitchers, including the Northern Region Player of the Year and 2007 preseason All-American Jason Farley.

level, with several more expected to do so by the end of the season. "We've had teams in the past like this here and we've never had problems with selfish people. There are some guys that could play at other places, but I don't think they would trade it," said Gjormand, whose team enters the season with loads of talent and a sense of expectation as the Warhawks are ranked ninth in the nation (Easton Sports National High School Poll) entering the season.

"Although it's hard, it brings people to the next level because of the competition, because we are going to put the best

people on the field," said first baseman Arman Moniri. "Our team is extremely close. We know what we need to do."

**JASON FARLEY**, a left-handed pitcher, who recorded a .54 ERA with 84 strikeouts, finished the season with a 10-1 record and was named the Northern Region Player of the Year last season. Farley (Virginia Military Institute) is a preseason All-American selection by Louisville Slugger and will work for the second straight year with his battery-mate senior catcher Alex Andrews (.327 batting average, Mount St. Mary's).



PHOTO BY PAM BROOKS/THE CONNECTION

Madison head coach Mark Gjormand returns for his 12th year with the Warhawks.

"I think the good thing about our program is that everyone knows their role," said Farley. "They know that if someone beats them out, they know they got beat out fair and square. Pudge isn't going to be playing favorites. He's going to put the best out there because he wants to win just like everybody else."

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**Madison's Arman Moniri, left, returns for his senior season after recording 24 runs and driving in 34 en route to a .456 batting average.**

## Warhawks Loaded With Talent

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Farley headlines a pitching rotation that welcomes back senior Sam Gilbert (5-0 record, .71 ERA, University of Pennsylvania), junior Jesse Jeter (4-1, 2.61 ERA), 6-foot-5 senior Brad Wimmer (Frederick Junior College) and Sterling Sams (University of Maryland Baltimore County), who also wields a big bat for Madison.

### MADISON BASEBALL

Moniri returns for his fourth year with Madison after scoring 24 runs and driving in 34 en route to a .456 batting average.

Conlon (UMBC), who missed much of last season with a knee injury, recorded a .310 batting average and recorded eight RBI and 12 runs.

**MADISON TAKES** on Oakton on March 24 at 3 p.m. at Oakton, in a rematch of last year's region semifinal that ended Madison's season and handed the Warhawks only their second loss of the season.

"We definitely feel excited because we know we came up short," said Moniri of the Oakton loss. "We know we could have gone farther and we know can go farther this year."

## 2006 Final District Standings

### Liberty District

Team	District Record	Overall
Madison	13-1	22-2
McLean	10-4	15-7
Stone Bridge	9-5	17-9
Langley	8-6	15-10
South Lakes	6-9	7-15
Woodson	4-10	8-13
Marshall	4-10	6-13
Jefferson	3-12	4-14

### Concorde District

Team	District Record	Overall
Westfield	10-2	17-6
Oakton	9-3	19-8
Robinson	7-5	16-9
Centreville	6-6	9-7
Fairfax	5-7	13-11
Herndon	3-10	9-10
Chantilly	2-11	8-13

# SPORTS



PHOTO BY PAM BROOKS/THE CONNECTION

Langley's Chaz Ayoub is surrounded by his teammates at home plate. Ayoub will see time on the mound, at first base and will act as the team's designated hitter after leading the Saxons in home runs (4) last season and finishing with a .272 batting average.

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By BJ KOUBAROULIS, JOHN MARCARIO, PAUL FROMMELT, JUSTIN CREECH AND RICH SANDERS.

# A Seasoned Saxon Squad

Saxons return strong pitching and experienced core from last year's playoff team.

By BJ KOUBAROULIS  
THE CONNECTION

After being swept in the season series by rival McLean last year, Langley dropped its last two games of the regular season to finish with a 8-6 district record and enter the district tournament as the No. 4 seed.

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"They were good baseball players, no pro prospects, but they jelled as a group. They knew it and embraced the moment," said Ferrell, whose team proceeded to win three out of the next four games before dropping to eventual state runner-up Oakton 12-5 in the regional semifinals, falling just eight runs short of a state tournament berth. "We ended the season really well last year and I think that is going to carry over this year," Ferrell added.

Ferrell returns five players with pitching experience including Chaz Ayoub, who struck out 31 batters and gave up 21

hits in 29 innings of work en route to a 3.14 earned run average. Ayoub, a senior who is considering several Div. III collegiate opportunities, throws with the most velocity on the team, according to Ferrell.

"I feel like last year, during the regular season, we sort of underachieved, but at the right time, during the regional tournament, we made a good little run," said Ayoub, who expects to be named the team's ace by the start of the season. He will also see time at first base and will act as the team's designated hitter after leading the team in home runs (4) last season and finishing with a .272 batting average. "I expect to feed off that this year to make it to the regional final and to the state tournament. The district championship is our goal this year," Ayoub added.

**JOEY ZARELLA** (2.52 ERA) saw limited action on the mound last season, but will see that role increase this season. Foster Dunigan, a junior who was a first-team all-district selection at shortstop last season, will also see time on the mound.

"If we get to the fifth inning with a chance, he's going to be our guy," said Ferrell.

Dunigan recorded 12 strikeouts and gave up 13 hits in 9.67 innings and recorded a 4.34 ERA in that time. Daniel Hochberg rounds out the pitching rotation (3.60 ERA, 11.67 Innings).

"They've pitched in high pressure games in the past. I don't think that is going to be an issue because they have been there," said Ferrell of his staff that lost both its ace and closer from last season.

**LEADING OFF** for Langley this season will be junior transfer Daniel Bergamesca, who was an all-district selection at centerfield for Thomas Jefferson last season.

"He can flat out run," said Ferrell of the left-handed hitter.

Senior four-year letterman and third baseman Tommy Tysse returns after recording four hits in 20 at bats (.241 batting average) last season when, "He did

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## Langley Saxons

**Coach:** Jeff Ferrell, 7th year  
**2006 record:** 15-10

**Season ended:** With a 12-5 loss to Oakton in the Northern Region tournament semifinals.

**Key Players:** SS Tommy Tysse, SR; RHP Chaz Ayoub, SR; RHP Daniel Hochberg, SR; RHP Joey Zarella, SO; RHP Jody Davis, JR; RHP/SS Foster Dunigan, JR; CF Daniel Bergamesca, JR; C Mike Sarson, JR; OF Chris Sievers, SO.

**Key Losses:** Bryce Morrison, Brandon Berry, Kevin Corey, Brendan DeBari

**Outlook:** Langley returns five players with pitching experience and welcomes a transfer that will be its lead-off hitter. The Saxons return a core of players that got a wealth of experience during last season's postseason push.



Langley head coach Jeff Ferrell.

## Langley Ranked Sixth

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not have a great beginning last year, but he ended on fire," said Ferrell.

Tysse's turnaround was similar to the one the team saw as a whole.

"We just all had to get on the same page," said Tysse, who will play baseball and football next season at Williams College in Massachusetts. "Everyone was kind of tight at first [last year]. What we are optimistic about is that we are laid back. We already look like we are in midseason form."

Ayoub will be the team's designated hitter after belting four homeruns and 12 hits in 43 at bats for a .272 average last season. He drove in a team-high 19 runs, while Dunigan, who recorded a .329 batting average and one home run, drove in 18 runs last season. Chris Sievers, a 6-foot-1, 220-pound sophomore, hit five home runs en route to a .513 batting average for the junior varsity team last season. Sievers, the son of former NFL star Eric Sievers, is expected to have an impact this season. "This kid is legit," said Ferrell. "When you see this kid, he looks like a ball player."

### Introducing...

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- T-10. Herndon
- T-10. Woodson

## Marshall Looks to Youth

Statesmen return only three seniors from 2006.

BY JUSTIN CREECH  
THE CONNECTION

### Marshall Statesmen

The Marshall Statesmen enter the 2007 season looking to rebound from a 6-13 campaign in 2006. Marshall coach Jim Jullien is relying on the pre-season to prepare his young team and have them learn from their mistakes.

"Scrimmages allow teams to see what they're up against," said Jullien. "Young teams need to fail to learn, because it al-

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lows them to relate to what the coaches are telling them."

Despite having such a young team, Jullien says there are some positives to having a team with only three seniors. "The positive is that young players progress during the season," said Jullien. "Hopefully we progress and become a competitive team this year."

One of the young players Marshall will rely on is sophomore Bryan Whittington. Whittington, who can also play catcher, shortstop and left field, has the ability to be a key contributor.

"The amount of players we lost could be good for us," said Bryan Whittington. "This season is a building point for us and will allow us to become a better team the next couple of years."

**WHITTINGTON SAYS** he became more comfortable last year as the season progressed, and feels that will allow him to be more of a leader this season.

"I think it's important that I be more of a leader this year," said Bryan Whittington. "But I need to be a leader for the young guys on our team that don't have much experience."

**Coach:** Jim Jullien

**2006 Record:** 6-13

**Season Ended:** With a 11-7 loss to Woodson in the Liberty District tournament.

**Key Players:** P/1B/DH Ryan Goss, SR; P Justin Britt, JR; RHP Nate Whittington, JR; 1B Bryan Whittington, SO.

**Key Losses:** Blair Delean, Jordan Culbreath, Alan Stoupa, Patrick McClain

**Outlook:** Marshall looks to rebound from a 6-13 season while returning only six players from last year's senior-heavy squad.

**"This season is a building point for us and will allow us to become a better team the next couple of years."**

— Marshall baseball player Bryan Whittington

Marshall will also rely on Bryan Whittington's older brother Nate Whittington. The senior right hander says more commitment is what will allow this year's team to exceed expectations.

"We need to be more committed this year if we want to win," said Nate Whittington. "Losing as many seniors as we did we have a lot of work ahead of us."

Nate Whittington says strong performances this season from senior pitcher Ryan Goss and junior pitcher Justin Britt are valuable, but feels a strong hitting performance from his brother will also help the team.

"My brother is our best hitter," said Nate Whittington. "We need him to get on base."

### 2006 Final District Standings

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Woodson	4-10	8-13
Marshall	4-10	6-13
Jefferson	3-12	4-14

#### National District

Team	District Record	Overall
Wash-Lee	7-5	7-15
Yorktown	6-6	10-11
Mt.Vernon	5-7	9-13
Wakefield	5-7	9-16
Falls Church	4-7	8-12
Stuart	3-9	3-17

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Westfield	10-2	17-6
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Centreville	6-6	9-7
Fairfax	5-7	13-11
Herndon	3-10	9-10
Chantilly	2-11	8-13

#### Patriot District

Team	District Record	Overall
L. Braddock	12-2	22-5
Hayfield	12-2	17-6
W. Springfield	9-6	14-9
South County	6-8	14-10
West Potomac	5-9	5-17
Annandale	4-10	8-13
T.C. Williams	4-10	7-13
Lee	4-10	4-16

## SPRING SPORTS PREVIEW 2007 *Week One*

# 'No One Expects Anything From Us'

Thompson, Highlanders look to lose underdog label after breakout season last year.

BJ KOUBAROULIS  
THE CONNECTION

In their junior seasons Frankie Cavanaugh, Kyle Meagher and Shane Mills were virtual unknowns in the Northern Region's baseball scene. In their junior seasons, Meagher hit .240, Cavanaugh made only one appearance at the plate and Mills was 4-3 on the mound, helping McLean to a 13-7 finish in a program that hasn't won a region tournament game in 14 years.

One year and one new coach later, Meagher, Mills and Cavanaugh were All-Region selections helping the Highlanders to a 15-7 overall record, a No. 2 seed in the Liberty District tournament and automatic region tournament berth before

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graduating. So this year, second year coach John Thomas is wondering.

"Who is going to be this year's Shane or Kyle or Frankie?" he asked.

McLean, which bowed out of the region tournament's first round with a loss to eventual Northern Region champion Lake Braddock, was 0-2 in the postseason.

"The thing about it is, we had a very nice regular season last year, but we are just hammering these kids about the fact that we were 0-2 in the postseason," said Thomas. "Nobody builds a program in the regular season. Regional tournament is where you make a name for yourself."

**MCLEAN MADE** a name for itself as the only team in the regular season to beat Liberty District powerhouse Madison, which finished with a 22-2 record last season. McLean will look to fill a void of experience, with the staff which pitched 90 percent of its innings last year graduating.

Andrew Stowe, a senior right-handed pitcher, returns to the mound this season after posting a 2-1 record and 2.3 earned run average in 16.33 innings, before leaving the team due to disciplinary issues.

"I think he has the potential to be very good," said Thomas of Stowe, who could be named the team's ace.

"He's got to earn that title, but he will start our first game."

Drew Morgan, a senior right-handed pitcher, who pitched only three innings last season, will see his role in the pitching rotation increased, and will also help fortify the middle infield as the team's shortstop.

"I think we are just as talented," said Morgan. "We have a lot of speed and still can run the bases like we did last year."

Morgan recorded a .333 batting average, one home run, 14 RBI and eight sto-



PHOTO BY PAM BROOKS/THE CONNECTION

Frankie Cavanaugh, above, and Shane Mills, left, went from unknowns to all-region selections in head coach John Thomas's first season at McLean.

### McLean Highlanders

**Coach:** John Thomas, 2nd year, 15-7

**2006 record:** 15-7

**Season ended:** With a 8-4 loss to Lake Braddock in the first round of the Northern Region tournament.

**Key Players:** SS/RHP Drew Morgan, SR; RHP Andrew Stowe, SR; OF Tyler Thompson, SR; 3B Quinn Pippin, JR; OF James Pascoe, SR; C Dennis Buckley, FR.

**Key Losses:** Shane Mills, Frankie Cavanaugh, Kyle Meagher, Danny Bell, Byrd Sweeney, Mike McCollough

**Outlook:** Could it be another dream season for McLean or has the bar been raised too high for this group to live up to? Coach John Thomas and the Highlanders welcome the challenge and are already feeding off of naysayers.

### Saturday Rivalry

Langley and McLean will start a new baseball tradition this season. The programs will face off in a double-header on Saturday March 21 at Langley. The junior varsity teams will play in the first game at 12 p.m. with the varsity game headlining the event at 3 p.m. Next season, McLean will host the rivalry double-header.

len bases last season.

**TYLER THOMPSON**, a senior outfielder, will also be worked into the pitching rotation after posting a 4.0 ERA and 2-0 record on the mound. Thompson, a first team All-Liberty District selection, was

key at the plate as he recorded a .375 batting average, one home run, 23 RBI and 10 stolen bases.

"I feel like, for our team, we set the bar a little high," said Thompson. "But to everybody else we are getting the same thing as last year where no one expects anything from us. I expect us to go far. I think we have more talent this year than last year."

Junior third baseman Quinn Pippin (.222 batting average) has "the best swing in our program," said Thomas. "He really knows what he's doing at the plate."

Other players that are expected to contribute include senior center fielder James Pascoe, and freshman Dennis Buckley, who

was part of the McLean/Great Falls 14-year-old Babe Ruth team that made it to the World Series last year after winning its second consecutive Virginia state title.

McLean starts the season with Langley, Madison and Stone Bridge, all teams that finished in the top half of the Liberty last season with a combined 69-28 record last season.

"We try to win games with our toughness and approach. I do think we have a team that has bought into what we do," said Thomas.



# Seahawks Look to Finally Break Through

Seahawk pitching, Huppi's hitting could prove key this season.

BY BJ KOUBAROULIS  
THE CONNECTION

**S**outh Lakes baseball coach Galvin Morris doesn't experience the emotional peaks and valleys that many coaches go through during a baseball season. Morris, who has watched under-talented and over-hyped squads fall to under-appreciated and overachieving un-

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derdogs since his time as a high school athlete in the Northern Region, looks for the results on the field. And even though South Lakes has gained a little preseason rumormill steam, Morris still isn't biting.

"Their expectations are high; we just got to go out and play," said Morris, who returns for his eighth season as head coach. "Our goal every year is to win a champion-

### South Lakes Seahawks

**Coach:** Galvin Morris, 8th year

**2006 record:** 7-14

**Season ended:** With a 9-0 loss to Langley in the Liberty District tournament.

**Key Players:** C Scott Reed, JR; LHP Mike Boyle, SR; RHP Brian Crawford, SR; RHP Tommy Gately, SR; 1B John Huppi, SR; LF Tommy Flynn, SR; RF Noah Sweet, JR.

**Key Losses:** Matt Gusdorf, Nick Andariese

**Outlook:** This could be a big year for the Seahawks, who have one of the most senior-laden pitching staffs in the district. Morris looks for the core group of seniors to prove it on the field.

ship. But you got to win one before you win the other one."

**SOUTH LAKES** will rely on a combination of senior pitching with senior first baseman and returning second team All-Liberty District selection John Huppi's bat to carry the Seahawks into what they hope to be a postseason run this year.

"We have strong players at every position," said Huppi. "There is really no weakness on our team. With our experience and being together so long, we will be able to pull through and go very far."

Huppi, who recorded a .406 batting average last season and was second in RBI (12), led the team in home runs with four. "I've been training really hard in this



South Lakes posted a 7-14 record last season and was knocked out of the Liberty District tournament after a 9-0 loss to Langley.

offseason and gotten a lot stronger in mental and physical aspects of the game," said Huppi, who is getting collegiate interest from several Div. III programs including St. Mary's College of Maryland. Huppi could also see time on the mound after recording 13 strikeouts and a 5.60 era in 15 innings last season.

**TOMMY GATELY**, a 6-foot-5 pitcher headed to George Washington University next season, where he has been guaranteed a spot on the roster, looks to be one piece of a pitching puzzle that has both power and placement. Gately gave up 13 earned

runs in 26.67 innings of work en route to a 2-2 record (one save) and a 3.41 earned run average last season.

"We are overconfident maybe, but I think that is going to help us," said Gately. "We want to make the regionals and go as far as possible." Morris has not yet named his ace, but senior left-hander Mike Boyle (20 innings pitched, 7.35 ERA) and Brian Crawford who logged the most innings last season (45 innings) allowed 57 hits on the season and struck out a team-high 39 batters en route to a 4.36 era and 2-6 record.

"Our pitching staff is one of the best I can think of," said Gately.

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Spring Training

**"We are overconfident maybe, but I think that is going to help us."**

— South Lakes pitcher Tommy Gately

# Stancik Leads Liberty Bulldogs

BY PAUL FROMMELT  
THE CONNECTION

If last year's move to the AAA Liberty District was any indication, the Bulldogs know how to handle a new situation. After a 17-9 record, the Bulldogs made it to the district tournament finals and then to the Northern Region tournament semifinals.

The new season brings a new situation and a new set of challenges.

The Bulldogs were hit hard by graduation, losing 10 seniors, including pitchers Ryan Shugars and Chris Dzurilla.

"The biggest thing that we have to deal with is inexperience on the mound," said Stone Bridge head coach Sam Plank. "We have to replace almost 90 percent of our innings."

Looking to help fill the hole on the mound will be juniors Jeron Gouveia and Tyler Benison.

"Everybody is going to get a chance to pitch. We need all the arms that we can get," said junior Gouveia.

The defense backing up the pitchers on the mound, however, looks to be better than ever.

"This is the fastest team that I have coached. I think that team speed and defense – I think that our defense is going to be phenomenal," said Plank. "We have guys like Gouveia in the outfield and these guys can fly. As far as offense and defense, we

should be as good as we have ever been." Gouveia is returning from a knee injury suffered during the football season last fall, though he believes that his knee will not be factor during the season.

"I work out on it fine and it doesn't bother me when I run. It is getting there," he said.

**THE BULLDOGS'** captain in the infield, junior shortstop Mike Stancik will also lead the team at the plate.

Stancik, who has received college interest from Auburn, Coastal Carolina and the University of Virginia, hit .429 last year and was a first-team all-district selection and second-team all-region selection.

"This year, we will be a better contact team," said Stancik. "We might of lost a lot of talent with the seniors that have graduated but we are definitely going to put up a lot of runs this year."

The Bulldogs have their work cut out for them this year in the Liberty District.

"[The Liberty] is one of the toughest districts in the state," said Plank, whose Bulldogs open up the season against nationally-ranked Madison. "We have to bring our A-game."

Stancik, however, believes that the Bulldogs can again surprise their AAA opponents.

"We have new guys coming in that have a lot of confidence and that is what you need coming up to the varsity level," he said. "I see us surprising a lot of teams this year."

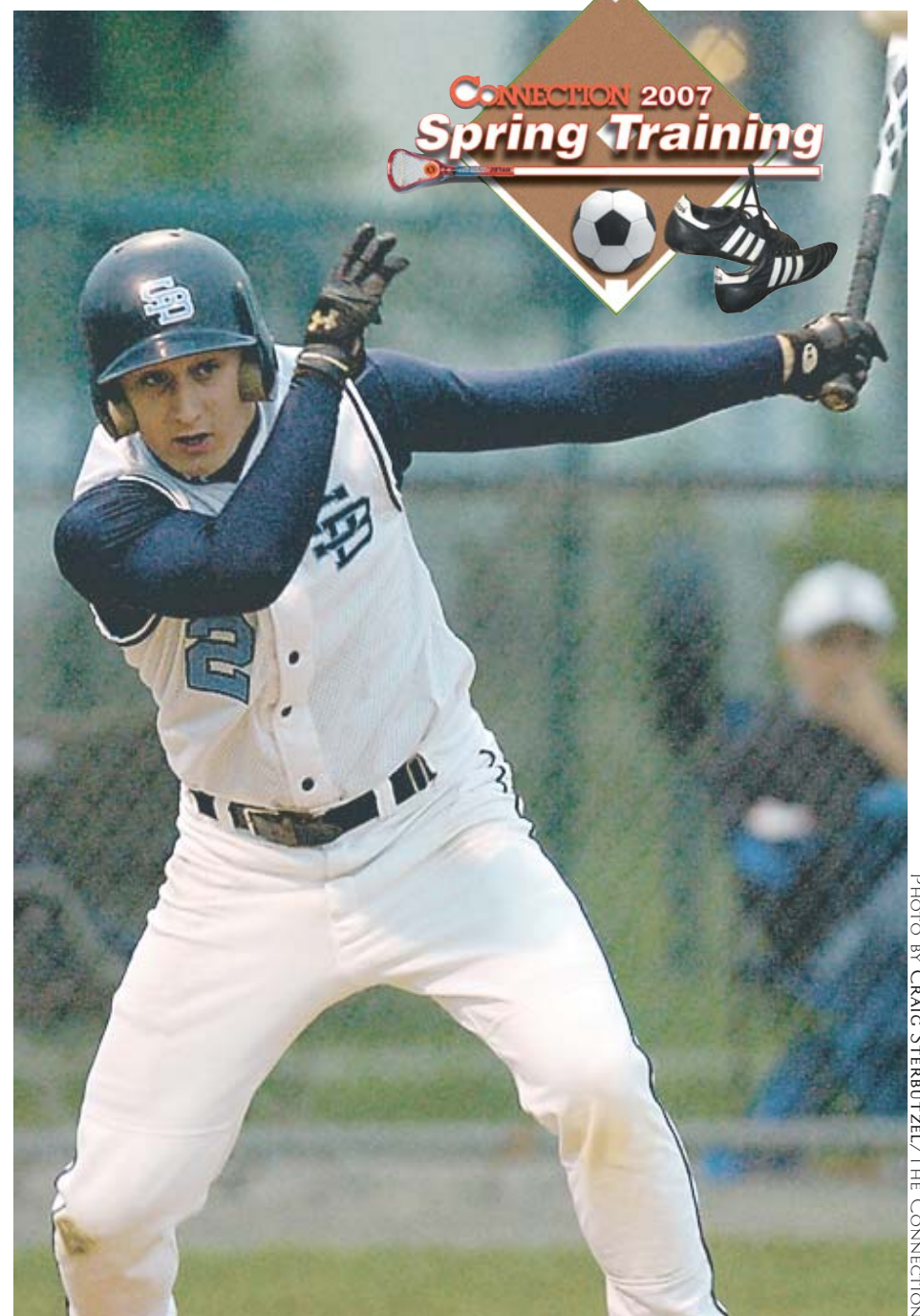


PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Stone Bridge shortstop Mike Stancik hit .429 last year and has gotten college attention from Auburn, Coastal Carolina and UVA.

## Stone Bridge Bulldogs

**Coach:** Sam Plank, 7th year, 85-48-1  
2006 record: 17-9

**Season ended:** With a 5-1 loss to Lake Braddock in the regional semifinals.

**Key Losses:** P Ryan Shugars; P Chris Dzurilla.

**Key Players:** SS Mike Stancik, JR; OF Jeron Gouveia, JR;

**Outlook:** Losing 10 seniors will hurt any team and being in the stacked Liberty District only adds to the challenges that the Bulldogs will face this year. If the new Bulldogs can make an impact early in the season, the Bulldogs can again be at the top of the pack.



PHOTO BY PAM BROOKS/THE CONNECTION

Woodson catcher Jacob Morley will be the teams big bat this season.

# Veteran Woodson Team Poised to Improve

With a wealth of players returning, Woodson could improve on last seasons sub .500 record.

## Woodson Cavaliers

JOHN C. MARCARIO  
THE CONNECTION

**T**eam chemistry and consistency can go a long way towards winning. Last season Woodson altered their lineup several times, resulting in an 8-13 year and a first round exit in the district tournament. This year seven players who started games are return-

Morley, who is receiving strong interest from Div. 1 schools. Last season Morley, who was a first team all district player, hit .420 with six home runs, 20 RBI, and 15 stolen bases.

"This year we are going to do a lot better as we are more experienced," Morley said. The junior added that this year's team has more team unity to it, as last years group lacked leadership.

On the hot corner Kevin Dec will be asked to fill the shoes of third baseman Matt Noble, who graduated. Dec has played behind Noble, a first team all region third baseman selection last season, for the last few seasons. Sophomores Max Waizenegger and Dyan Robeson could also be impact players this season on the defensive side.

"Opposing teams are going to see a lot of familiar faces, bigger, stronger and more mature," said head coach Chris Warren.

**Coach:** Chris Warren, 5th season overall  
**2006 Record:** 8-13  
**Season Ended:** With a 11-7 loss to Marshall in the first round of the district tournament.  
**Key Losses:** Matt Noble, Ryan Weir  
**Key Players:** C/OF Jacob Morley, JR; SS Jackson Clement-Hon, SR; P Joey Carleton, JR

**Outlook:** Woodson returns four pitchers from last year's team along with six starters on defense. They ride the bat of Jacob Morley and rely on consistent pitching from Joey Carleton and Greg Whitaker. The Cavaliers could surprise teams in the Liberty district if their pitching improves from last season.

**WARREN IS** optimistic about the upcoming season, saying his team's offense can surprise teams but its pitching needs to be the stabilizer.

"We really need our pitching staff to step up and keep us in the games," Warren said. The fifth year head coach said in high school having one or two starters is vital for success.

"If you get a guy that throws 12 strikeouts, that means the game's shortened and you need to get nine defensive outs," Warren said.

### BASEBALL

ing, four pitchers are back and team chemistry is apparent early on.

"The attitude is much more improved," said head coach Chris Warren.

The Cavaliers will be led by catcher Jacob

### Liberty District Standings

Team	District Record	Overall Record
Madison	13-1	22-2
McLean	10-4	15-7
Stone Bridge	9-5	17-9
Langley	8-6	15-10
South Lakes	6-9	7-15
<b>Woodson</b>	<b>4-10</b>	<b>8-13</b>
Marshall	4-10	6-13
Jefferson	3-12	4-14